

HORSECENTERED CURRICULUM:

WHITE LEVEL

This Level introduces intermediate ground training skills, encouraging students to deepen their understanding of basic horse training principles and equine psychology.

Students in unmounted **White Level** lessons are encouraged to consider the impact of a horse's environment on the training process and to utilize obstacles safely and creatively.

WHO IS WHITE LEVEL FOR?

- 🐾 Students who have **completed the Pink HorseCentered Level**.
- 🐾 **Riding lesson students** with the maturity and physical ability to learn more challenging groundwork skills, including liberty work.
- 🐾 **Students and parents** who plan to pursue horse ownership or to work with a horse independently in the future.
- 🐾 **Working students and horse caretakers** who manage a horse's training environment.
- 🐾 **Non-riding horse enthusiasts** who want to learn how to develop a working relationship with a horse on the ground.
- 🐾 **Backyard horse owners** interested in setting goals and increasing their understanding of groundwork and training principles.

WHAT DOES WHITE LEVEL TEACH?

- 🐾 **More in-depth learning theory** including an understanding of **operant conditioning**.
- 🐾 **The role of health and environment in training** and how to set a horse up for success in the arena.
- 🐾 **Basic liberty skills** such as leading and yielding.
- 🐾 **Circling or longeing** with an emphasis on balance and relaxation.
- 🐾 **Trick training** and more complex **targeting** skills.
- 🐾 **Use and design of obstacles** in groundwork.
- 🐾 **Cooperative care training** and the process of developing training plans to improve routine care and handling.

Communication creates connection!

White Level students expand on skills learned in **Pink Level** and apply various training techniques to more sophisticated groundwork. **For most students, this is where ground training gets exciting and FUN - but achieving this level of ability requires consistent practice!**

If you are incorporating the HorseCentered curriculum into regular riding lessons, plan on dedicating a little extra time to groundwork, and consider giving students independent training projects to practice in between lessons. While it can be beneficial to work with a variety of horses, your students may prefer the deeper relationship created by working with a single equine partner.

